Wellbeing Way, Southall

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Weds Sept 14, 2022

Catalyst and Peabody

- Merged April 2022 – Catalyst is now a subsidiary of Peabody
- 104,000 homes and 220,000 customers across London and the Home Counties

- **Our new purpose is helping people flourish.**
- We do this by providing great homes and services, by making a positive difference to the communities we serve and by providing an inclusive and inspiring place to work.



Peabody Community Foundation

- Over £10M invested annually
- Team of 150 working across London and Home Counties
- Over 100 community facilities
- Current vision focused on happier, healthier and wealthier communities
- Pan regional ‘universal’ offer and local approaches in key boroughs
- Revised strategy likely to focus on:
    - Tackling inequality
    - Promoting health and wellbeing
    - Creating great places
    - Community empowerment



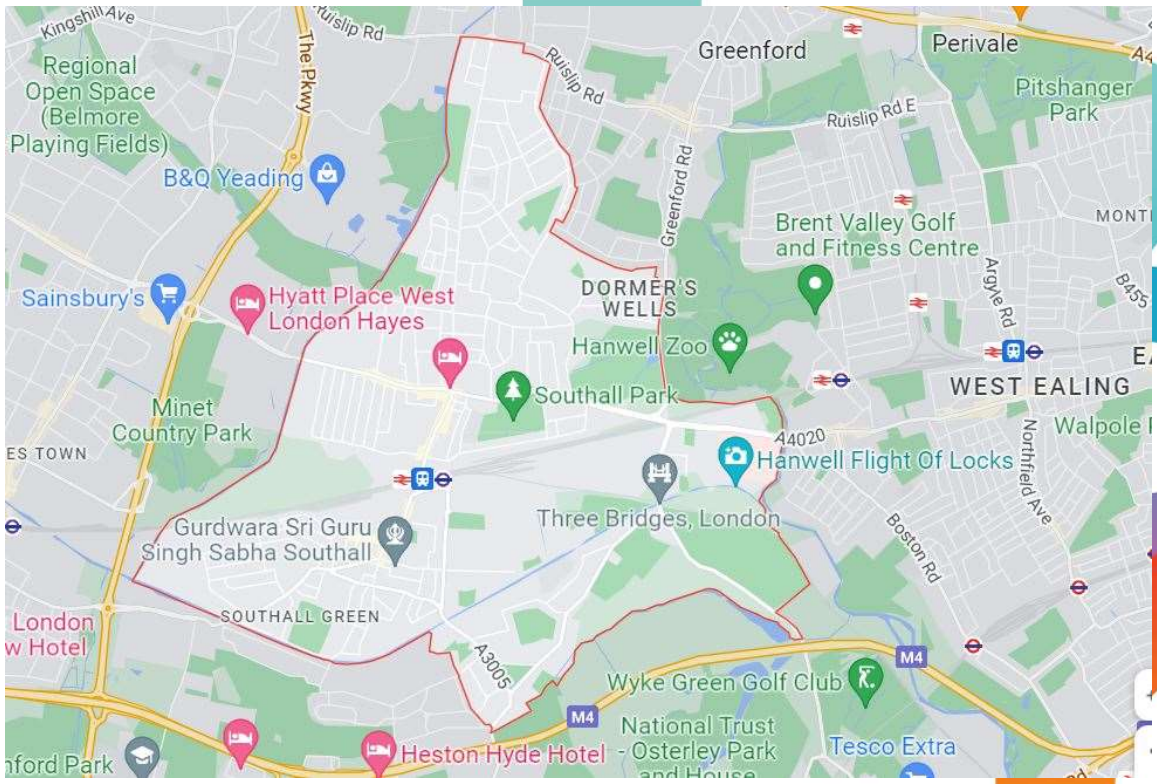
Our work in Ealing

- Origins in Ealing Family Housing Association 1963
- Catalyst head office
- <6,000 homes
- 7 community facilities
- Community coffee mornings, wellbeing and exercise classes, youth provision, community gardening, events, cycle hub, food distribution, skill development, volunteering and training, tenancy sustainment.
- Southall Day Centre



Why Southall?

- 3,000 homes
- Havelock Estate regeneration
- The Green, Southall
- Strategic partnerships
- Open Havelock - £1.2m meanwhile spaces project
- Wellbeing Way - £1m canal tow path and green space improvement project



How did the Wellbeing way come to be?

- An existing partnership
- Previous projects
- Feasibility work
- Strong connections with the local community
- Robust data and insight
- Complementary projects
- Funding opportunity
- Project lead



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Southall Grand Union Canal Wellbeing Way

Project overview

A linked chain of green spaces along the canal, wrapping around Southall to provide wellbeing opportunities to its residents and visitors.

The project includes improvements to canalside parks and green spaces, habitat creation and biodiversity enhancements, towpath improvements and better access to the canal, play and interpretation, flood resilience, gardening and stewardship, helping people and nature thrive.

The Southall Grand Union Canal Wellbeing Way will promote the five key principles of wellbeing:

1. Connect
2. Be Active
3. Take Notice
4. Learn
5. Give

Canal & River Trust, Ealing Council and Catalyst have received a grant from the Mayor of London's Green and Resilient Spaces Fund for support to deliver the Southall Grand Union Canal Wellbeing Way project.

The project builds on the Southall Towpaths Feasibility Study and early engagement work we have been doing together with Ealing Council and its Sport England funded Let's Go Southall project, and with housing association Catalyst.

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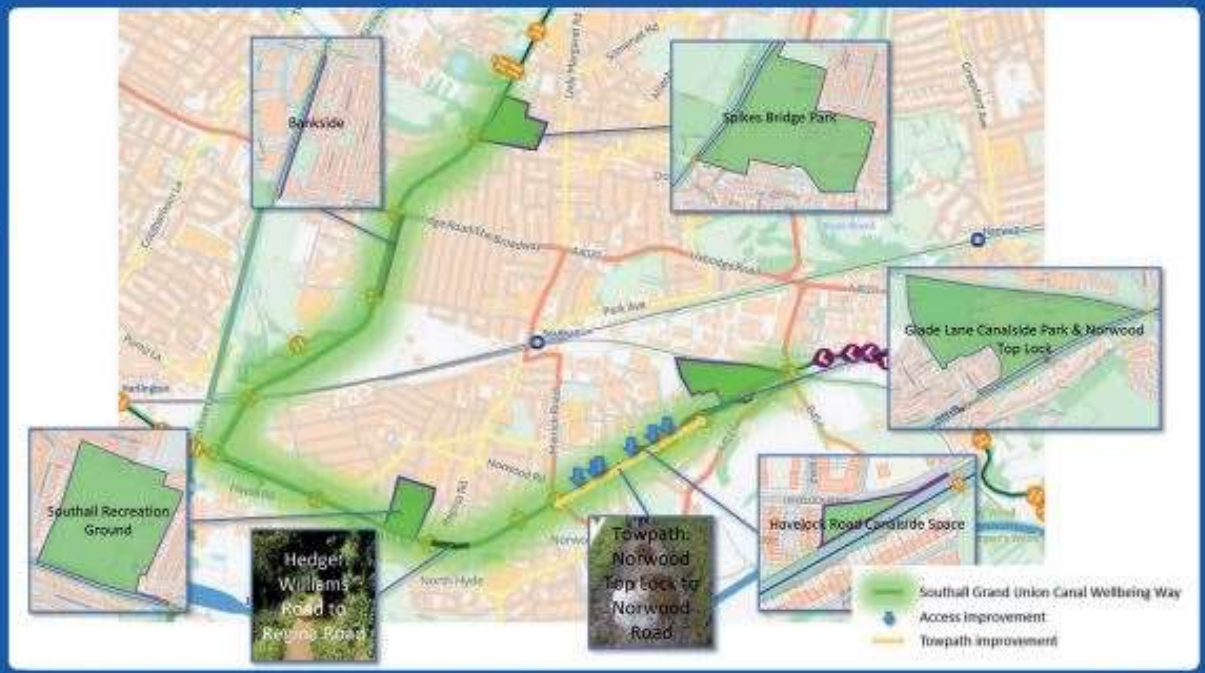
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Southall Grand Union Canal Wellbeing Way

Southall Wellbeing Way project area

The project will draw a green and blue thread connecting Spikes Bridge Park on the Grand Union Canal Paddington Arm via Bull's Bridge canal junction through to Glade Lane Canalside Park and the Hanwell Lock Flight, linking Bankside, Southall Recreation Ground, Bixley Field and Havelock Canalside space on the way.



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Southall Grand Union Canal Wellbeing Way






Projects and Improvements

The project will include a range of improvements to support nature recovery, climate resilience, active travel, healthy living, and promote community involvement, skills development and positive citizenship:

- Waterside place-making, cool spaces
- Habitat creation and biodiversity enhancements
- Towpath improvements and better access to the canal
- New paths and outdoor exercise equipment
- Play and exploration
- Learning and interpretation
- Flood resilience and water quality
- Gardening and growing
- Active volunteering and stewardship
- Wellbeing activity programme

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Southall Grand Union Canal Wellbeing Way

Timeline

2021
Online survey and community sessions undertaken and feasibility summary report produced

March 2022
Project funding secured

Summer-Autumn 2022
Co-design workshops will be held with local residents and stakeholders to develop the ideas into designs

2022-2023
Improvements to the parks and green spaces along the Wellbeing Way, improvements to the towpath between Norwood Top Lock and Norwood Road

2022-2024
Programme of wellbeing activities along the Wellbeing Way

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Southall Grand Union Canal Wellbeing Way









Get involved

search southall wellbeing way

E-newsletter updates – please sign up

Co-design workshops – get involved

Volunteering and activity opportunities – get involved

Get in touch

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